

Re: Prostatitis and Rectal Pain

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- *From:* swantzswanson@xxxxxxxxxxxx
 - *Date:* 4 Apr 2005 10:31:01 -0700
-

try 20 mg of amitriptyline at bedtime. you probably need some oxycodone also.

swantzswanson

Pete wrote:

> Hi everyone,

>

> I was really into this group in 1997/1998 (when I suffered real bad for

> months), and my prostatitis has come back several times since. I am 57

> years old, medically literate, and have other health problems, including an

> unknown cause T-4 cell deficiency (HIV negative), which could be related to

> my prostate problems (in my opinion). I had chest and abdominal/pelvic

> scans last fall as well as MRCP and abdominal ultrasound. Will be having my

> fourth EGD since last fall for stomach related issues. My last colonoscopy

> was July/02. I also have sarcoidosis with some enlarged lymph nodes in

> body.

>

> I have had my recent CP flare-up on and off since last fall, when my proton

> pump inhibitors stopped working and I was having serious stomach/chest

> burning, and a lot of stress. I am going to two urologists in the same

> group (one is a physician assistant (PA), and the other one a surgeon). I

> basically have chronic non-bacterial prostatitis (along with BPH), and I

> requested massages by the PA as well as antibiotics even though I may not

> have bacteria. I took levaquin for 30 days in January and had about

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- > massages (boggy prostate with white cells but no evidence of bacteria).
- > Seemed to get better but came right back. I also had some bactrim before
- > the levaquin which I am currently taking now, as a prophylactic at best. I
- > try to ejaculate at least once a week (its difficult when your not in the
- > mood), but I am not sure if it is helping or hurting. I know it cleans the
- > prostate out and is generally considered essential.
- >
- > This latest attack is quite bothersome. I have bad nocturia (like every 45
- > minutes) and difficulty voiding, and constant burning and gnawing in my
- > penis and pelvic floor, as well as a lot of pain in my rectum which feels
- > like pressure and the feeling I want to have a bowel movement. My retention
- > was only 39 ml so I am able to dribble my bladder almost empty. The PA
- > tried me on detrol la (for overactive bladder), which just made me worse and
- > was contraindicated (in my opinion), since it is an anti-cholinergic that
- > just made it more difficult for me to urinate, and I stopped it immediately.
- > I can not take alpha blockers (which are smooth muscle relaxers) since they
- > plug my nose up completely and immediately (including hytrin, cardura, and
- > even flomax which is uroselective and targets the alpha 1a receptors which
- > are plentiful in the prostate tissue, and apparently present in the blood
- > vessel walls in way of my nose). I was disappointed I could not take the
- > flomax.
- >
- > I requested a cystoscopy by one of the surgeons and a uroflow, since I know
- > I am not voiding properly. The cystoscopy showed some scar tissue from my
- > previous bladder neck surgery in 1995 (a different uro in another location –
- > for retention problems), and the doctor said he would cut me again
- > (transurethral incision) and clean up the "band" as he called it, and that
- > should free up the bladder neck/urethra and help me pee better. My

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uroflow

> was below normal (15ml/sec peak and 10 ml/sec average).

>

> I agreed to the surgery to improve the blockage and will be having it on

> 4/8/05. I realize the scar tissue will grow back again but I have to get

> relief.

>

> However, I do not believe the surgery will have any positive effect on my

> prostatitis pain, and I will still have some blockage caused by BPH, as well

> as from prostatitis. I have asked the doctors what the percentages of BPH

> versus prostatitis is causing my prostate to be enlarged and they can't

> answer nebulous questions like that. I also asked the PA (who has done all

> the digital exams/messages) how enlarged was my prostate based on a 57 year

> old man and I got a vague answer (kind of like its typical), and he said he

> can only feel the back side.

>

> Sorry this is so long. I wanted to give you the background. Believe me I

> am suffering (its even tougher when you live by yourself). In closing I

> would like to ask the following.

>

> – Is the rectal pain appropriate for my prostatitis. This is the worst it

> has ever been. All I do is go to doctors and I hope I don't have to go to a

> general surgeon for a rectal examination under anesthesia, or have a

> colonoscopy (my bowels are okay). I am having an EGD two days from now.

>

> – How many of you have experienced the rectal pain I have described. I hate

> to keep taking antibiotics if they aren't doing anything but I will

> definitely continue them until after my bladder neck surgery.

>

> – Also, I don't understand why I have the constant feeling of an urge to go

> (esp. at night), since I am not retaining, and there isn't that much urine

> in my bladder. Could it be from the irritation caused by the prostatitis

> (i.e. can prostatitis inflammation "itself" make you feel like you

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have to

- > pee even though there is very little urine in your bladder – I am not
- > talking about the swollen prostate pinching the urethra and causing
- > retention).
- >
- > – Do you think the scar tissue blockage in way of my bladder
- neck/urethra
- > could be causing some of this pain I am having. I doubt it, but my
- > straining when I pee could be related somehow. There are all kinds
- of
- > nerves running in that area, so do you think there could be a
- connection.
- >
- > – Will an ultrasound reveal an accurate size of the prostate.
- >
- > – Can anyone tell me what happened to ANF (he used to write me in
- 1997).
- > What a dedicated doctor he was volunteering his time to the
- newsgroup, as
- > well as all the other doctors who participated. How many doctors are
- in the
- > group today.
- >
- > Thanks for your time in reading this. Hope to hear from some of you
- soon.
- >
- > Pete

• **References:**

◆ **Prostatitis and Rectal Pain**

◇ *From:* Pete

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