

Re: OT– Severe Heartburn

Source: <http://sci.tech–archive.net/Archive/sci.med.transcription/2005–05/msg00529.html>

- *From:* "VickieHerndonCMT" <vickieboinkherndon@xxxxxxxxxxxxxxxxxxxx>
 - *Date:* Sun, 15 May 2005 18:35:30 –0400
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I have had these off and on since I had my gallbladder out when I was 21.
Not a good feeling. They do say it mimics a heart attack.

You do have to watch what you eat. Sometimes, you are not bothered by the food that will cause them and other times, voila—there they are! I guess the safest way to live is not eat the food, but sometimes you just can't help it.

"Eliyahu Roofff" <lrooff1@xxxxxxxxxxxxx> wrote in message
[news:D%Phe.2067\\$CP2.1455@xxxxxxxxxxxxx](mailto:news:D%Phe.2067$CP2.1455@xxxxxxxxxxxxx)

> An interesting aspect of esophageal spasm that I learned the hard way is
> that not only does it mimic angina, it also responds positively to
> sublingual nitroglycerine...

>

> Eliyahu

>

> "LizzieB." <blahblah@xxxxxxxxxxxxxxxxxxxx> wrote in message

> news:3epgqcF3gkn0U1@xxxxxxxxxxxxxxxxxxxx

>> Phyllis wrote:

>>

>>> It helped me to identify the food culprits (in my case tomatoes, onions,
>>> and garlic) and avoid them.

>>

>> Oh, my. Tomatoes and tomato products give me esophageal spasms so bad
>> that before I figured it out, I hid myself to the doctor and asked to be
>> strapped to the EKG.

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>> Onions and garlic in limited quantities are okay, but tomatoes and tomato
>> products? I have to avoid 'em like the plague.

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- *Follow-Ups:*

Re: OT– Severe Heartburn

- ◆ **Re: OT– Severe Heartburn**
◇ *From:* Susan Mitchell

• **References:**

- ◆ **OT– Severe Heartburn**
◇ *From:* Chuck
- ◆ **Re: OT– Severe Heartburn**
◇ *From:* Phyllis
- ◆ **Re: OT– Severe Heartburn**
◇ *From:* LizzieB.
- ◆ **Re: OT– Severe Heartburn**
◇ *From:* Eliyahu Roof