

Re: Jenny Craig

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Forgot to add...

Got my blood tests back and my liver enzymes were elevated, just like they were when I had my test in October. My PMD did a liver ultrasound then and I was told it was a fatty liver. I plan to repeat the tests again in three months after losing weight and hope (and pray) those enzymes come down. If they don't come down after knocking out the alcohol and losing weight, I'm afraid to think of what those elevated enzymes might mean.

Meanwhile, I'll wait and see, and do everything I can to take care of myself until then.

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Mikaela