

Re: Life and Times of, well, US!

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- *From:* "Bam" <deercounselor@xxxxxxxxxxx>
 - *Date:* Mon, 22 May 2006 15:51:03 -0400
-

BIRTHDATE: September 1957

AGE: 48

EYE COLOR: brown

HAIR COLOR: brown but I have started to see some gray

HAIR STYLE: today? 1970's afro-style- I need a haircut BAD

HEIGHT: down to 5'3" gotta love osteoporosis.

WEIGHT: Diminishing even as we speak.

FAVORITES

COLORS: Earth tones

FOOD: Steak

DRINK: Water

MUSIC: Adult alternative, WXPB 88.5 Philadelphia! yay!

MODE OF TRANSPORTATION: car but I guess I'll have to learn to love

walking

SMOKES? EWWWWWWWWWWWWWWWW

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HOBBIES: Crocheting, playing with the grandkid

SPORTS: Love to watch volleyball, college basketball.... not big on pro sports

HOW DO I SPEND A RAINY DAY: Usually the same way I spend sunny days– Working... but reading if I'm not working.

BACKGROUND

HOMETOWN: Coatesville, PA

TYPE OF CHILDHOOD: Typical low middle class white American family of a steelworker

EDUCATION: Half way through my Masters

OCCUPATION: Therapist and MT

ORGANIZATIONS: APA, AAMFT, APPH

ACHIEVEMENTS: Education, raising my kids,

DISEASES/HANDICAPS: Celiac and other autoimmune disorders

FAMILY

MOTHER: Yes

FATHER: Yes

SIBLINGS: Three

TRAITS: Mine? I'm a walking talking conflict of traits– Ballsy/Shy,

Introverted/Extroverted, prefer alone time to lots of people, perfectionist but find that's changing after all these years.

GREATEST FEAR(S): Losing my sight.

MOST AT EASE WHEN: With family

MOST ILL AT EASE WHEN: With people I don't know

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SOFT SPOT: Kids

OPTIMIST OR PESSIMIST? I'm an optimistic pessimist

INTROVERT OR EXTROVERT? Hmm... really depends on the situation.

SOcially, I've become an introvert.

MOTIVATIONS: Eating, having a roof over my head

SKILLED AT: Lots of stuff-

UNSKILLED AT: Driving a forklift

HABITS: Procrastination

REGIONAL DIALECT: Philly-ese

EMOTIONAL STABILITY: On a good day? LoL!

ATTITUDES/PREJUDICES: I have this strange attitude toward Asians... no clue why.

MARRIED/DIVORCED/SINGLE: Yes to all 3.

CHILDREN? Yes...3

HOW DO I REACT IN A CRISIS? I'm the take charge person, and fall apart afterward

HOW DO I FACE PROBLEMS? HEAD ON

HOW DO I REACT TO CHANGE? Quite well now. I've perfected change.

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