

Re: Life and Times of, well, US!

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- *From:* "Susan Mitchell" <[medlawtrans@xxxxxxxxxxxx](mailto:medlawtrans@xxxxxxxxxxxx)>
  - *Date:* Mon, 22 May 2006 19:08:42 -0700
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BIRTHDATE: August 25, 1948

AGE: 57

EYE COLOR: brown

HAIR COLOR: Brown with lovely platinum highlights a gift from God and my  
life!

HAIR STYLE: Short

HEIGHT: Shrinking down to 5'7" from 5'9"

WEIGHT: Nun ya buznus

FAVORITES

COLORS: Purple, deep dark purple!!

FOOD: Filet mignon from Morton's

DRINK: Water always water!

MUSIC: A little bit of everything, Rolling stones, Dave Matthews, Jazz, I

even have Garth Brooks and Lila McCann (family friend) Dixie Chicks, John  
Gray, Queen, The Who, Jim Croce, Paul Simon, Niel Diamond, The Eagles -- I  
love the Hell Freezes over tour CD

MODE OF TRANSPORTATION: 1992 GMC Jimmy lowered! Wishing it was a hybrid!

SMOKES? Never

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HOBBIES: Reading, movies and pestering politicians.

SPORTS: I don't participate in any but I LOVE football!

HOW DO I SPEND A RAINY DAY: DUH, this is Washington that is almost every day, it is nothing special around here. Now sunny days .....

## BACKGROUND

HOMETOWN: I'm an Air Force brat I have none. Born in Ft. Richardson, Alaska (as Elmendorf had no hospital and the Air Force was – in 1948 – part of the Army Air Corp at the time). Only stations I remember were 4 years in Tampa – big bugs and muggy heat – Florida), 3 great years in England, 3 years in Madison, Wisconsin and then we were stationed at McChord here in Lakewood where daddy eventually retired. So I guess this is my home (I was 14 when we moved here).

TYPE OF CHILDHOOD: Good, hated moving but wasn't all that bad we did get to live in England and we didn't live in base housing but in a very cool village in a huge 400 year old house called Barrister House in a tiny village! It was neat!!

EDUCATION: 2 years at CC college no degree misc. paralegal classes and medical transcription.

OCCUPATION: Medical and legal transcription, mostly just medical.

ORGANIZATIONS: Northwest Independent Transcriptionist Society (we only meet 4 times or less a year) and Lakewood Coalition of Concerned Citizens (we never meet it is telephone and word of mouth and perhaps a few get together and meet — some don't want to be "known" members) interesting group.

ACHIEVEMENTS: Raising a wonderful son who is making a great impact on the world (gee, what a bragging mom).

DISEASES/HANDICAPS: Allergies and asthma (I would like to kill the

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inventor of Downey and scented detergents).

#### FAMILY

MOTHER: Yes 82 and living in Boise with older sister.

FATHER: Yes died in 2003 miss him immensely — He and mom are two of the best members of the Greatest Generation.

SIBLINGS: Three sisters! The best! One in Boise, one here in Lakewood, one in Steilacoom right next to Lakewood. One works at a court reporting firm and one works at our accountant's office. The one in Boise is semi-retired from medical transcription.

TRAITS: Stubborn. Cannot be swayed very easily. Willing to listen, however, but not likely to sway my opinion unless there is STRONG evidence to change my mind, and if there is I will change my mind — actually have done that. Will kill anyone who hurts my mother or my family.

GREATEST FEAR(S): Losing my sight. (I agree with Bam on this one) For someone who types for a living you would think it would be my hands, but my eyesight is my biggest fear. I guess because it is a possibility in our family. Lots of eyesight problems.

MOST AT EASE WHEN: My sisters, my good friends Bev and Jean.

MOST ILL AT EASE WHEN: Liars, crooks who are being believed. They scare me to death.

SOFT SPOT: Animals and some children.

OPTIMIST OR PESSIMIST? Pessimist unfortunately, but then I'm never disappointed and almost always surprised! :)

INTROVERT OR EXTROVERT? This is hard to answer. I think I am an extrovert but can be an introvert in some situations. It all depends.

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MOTIVATIONS: Need for money. Otherwise I am not very motivated to do anything.

SKILLED AT: I'm a hell of a letter writer for something I believe in or want done or am pissed about. Now, if I could just sit down and write that book I want to write.

UNSKILLED AT: Damn near everything. I want to sketch -- I know I could if I tried but I get too frustrated and won't stick with it. Probably because DH is so dang good!

HABITS: Procrastination (me too Bam) I seem to work better under pressure and last minute (which I claim to hate but I do it all the time).

REGIONAL DIALECT: None, I'm a left coaster we have no accents. (VBG)

EMOTIONAL STABILITY: Oh, please -- one of these days I fear my depression will stay and I won't pop out of it! Otherwise I guess it's stable. I'm curious besides mostly introverted are we all prone to depression?

ATTITUDES/PREJUDICES: None I was a military brat I think it's hard to be prejudice when you move around and become friends with everyone.

MARRIED/DIVORCED/SINGLE: Yes 36 years at least 2 good ones.

CHILDREN? 1 neat son -- didn't dare have any others!

HOW DO I REACT IN A CRISIS? I will take charge if no one else does and fall apart later.

HOW DO I FACE PROBLEMS? Depends on the problem, usually I'm a "snap out of it" person.

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HOW DO I REACT TO CHANGE? Like a cat -- I don't freaking like it. Even if it is for the better.

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Sue -- Firefighter mom -- Still Rabid UW Dawg Fan!  
(to reply send to medlawtrans@xxxxxxxxxxxx)  
"Bam" <deercounselor@xxxxxxxxxxxx> wrote in message  
[news:4dej18F1926vkU1@xxxxxxxxxxxxxxxxxxxx](mailto:news:4dej18F1926vkU1@xxxxxxxxxxxxxxxxxxxx)

BIRTHDATE: September 1957

AGE: 48

EYE COLOR: brown

HAIR COLOR: brown but I have started to see some gray

HAIR STYLE: today? 1970's afro-style- I need a haircut BAD

HEIGHT: down to 5'3".... gotta love osteoporosis.

WEIGHT: Diminishing even as we speak.

FAVORITES

COLORS: Earth tones

FOOD: Steak

DRINK: Water

MUSIC: Adult alternative, WXPB 88.5 Philadelphia! yay!

MODE OF TRANSPORTATION: car but I guess I'll have to learn to love

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walking

SMOKES? EWWWWWWWWWWWWWWWW

HOBBIES: Crocheting, playing with the grandkid

SPORTS: Love to watch volleyball, college basketball.... not big on pro

sports

HOW DO I SPEND A RAINY DAY: Usually the same way I spend sunny days–

Working... but reading if I'm not working.

BACKGROUND

HOMETOWN: Coatesville, PA

TYPE OF CHILDHOOD: Typical low middle class white American family of a

steelworker

EDUCATION: Half way through my Masters

OCCUPATION: Therapist and MT

ORGANIZATIONS: APA, AAMFT, APPH

ACHIEVEMENTS: Education, raising my kids,

DISEASES/HANDICAPS: Celiac and other autoimmune disorders

FAMILY

MOTHER: Yes

FATHER: Yes

SIBLINGS: Three

TRAITS: Mine? I'm a walking talking conflict of traits– Ballys/Shy,

Introverted/Extroverted, prefer alone time to lots of people,

perfectionist

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but find that's changing after all these years.

GREATEST FEAR(S): Losing my sight.

MOST AT EASE WHEN: With family

MOST ILL AT EASE WHEN: With people I don't know

SOFT SPOT: Kids

OPTIMIST OR PESSIMIST? I'm an optimistic pessimist

INTROVERT OR EXTROVERT? Hmm... really depends on the situation.

Soocially, I've become an introvert.

MOTIVATIONS: Eating, having a roof over my head

SKILLED AT: Lots of stuff-

UNSKILLED AT: Driving a forklift

HABITS: Procrastination

REGIONAL DIALECT: Philly-ese

EMOTIONAL STABILITY: On a good day? LoL!

ATTITUDES/PREJUDICES: I have this strange attitude toward Asians... no clue why.

MARRIED/DIVORCED/SINGLE: Yes to all 3.

CHILDREN? Yes...3

HOW DO I REACT IN A CRISIS? I'm the take charge person, and fall apart afterward

HOW DO I FACE PROBLEMS? HEAD ON

HOW DO I REACT TO CHANGE? Quite well now. I've perfected change.

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