

Re: "Unusual" side effect

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- *From:* "Barbara Carlson" <bbcarlson@xxxxxxxxxxxxxx>
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I take Ambien occasionally and all it does is knock me out cold for 6 or 7 hours! I have tried the CR and it does not work as well for me. When I was in the hospital once they gave me Restoril—Wow, talk about psychedelic!!!! I will never take that one again. Drugs work differently on different people!

Barb C.

"RaeMorrill" <RaeMorrill@xxxxxxx> wrote in message
[news:AvgKg.2515\\$xV.942@xxxxxxxxxxxxxxxxxxxxxxxxxxxxxx](mailto:news:AvgKg.2515$xV.942@xxxxxxxxxxxxxxxxxxxxxxxxxxxxxx)

Nevermind the unexplained weight gain! Yikes. I find Benadryl works just fine and you don't need a prescription.

Susan Mitchell wrote:

I had a friend that took it and it caused her to eat in her sleep. She would wake up with food in her mouth (a partially eaten sandwich, or crackers) with no memory of getting up and going into the kitchen and making a sandwich or getting anything to eat. It's a wonder she never choked to death! No thanks!