

# bladder control surgery, not always a most

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*Source:* <http://sci.tech-archive.net/Archive/sci.med.transcription/2008-05/msg00620.html>

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Many people who have bladder problems do not seek treatment because they believe the only treatment available to them is surgery. This is not always the case; treatments for incontinence include behavioral, medical, and surgical. Surgery is usually reserved for people whose problem does not improve with behavioral and medical therapy.

in my blog you will find 7 great tips to implement in your own home, that can help you cope better and maybe avoid surgery:

click on my link now to learn more!!!

<http://controlyourbladder.blogspot.com/>

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