

Re: Unusual type of depression,advice needed

Source: <http://sci.tech-archive.net/Archive/sci.med/2004-08/3525.html>

From: % (surfs_at_uniserve)

Date: 08/29/04

Date: Sun, 29 Aug 2004 08:43:29 -0700

"Arib" <sawal_4500@yahoo.co.uk> wrote in message
news:8f598db6.0408290646.793d0cff@posting.google.com...
> *Hi everyone.I need some help and advice.About 5 years ago i suffered
> from an extremely traumatic experience.This trauma lasted for roughly
> 9 months.Due to the length and intensity of it I began to feel
> depressed.However this depression is not of the normal variety.I mean
> I did not feel any melancholia/sadness,but felt the other physical
> symptoms associated with depression:lack of energy,lack of
> motivation,intense prolonged anxiety over otherwise normally trivial
> worries,complete absence of sex drive,total inability to feel
> emotions,such as anger and sadness, and a general inability to feel any
> physical/bodily pleasure.I think there is a name for this kind of
> depression which manifests itself physically without any sadness.
> I have been suffering from this for roughly 5 years,even though the
> original trauma is over,my brain refuses to move on.What i want advice
> on is the best type/combination of anti-depressants for this type of
> depression.There are so many,from Prozac to Wellbutrin to Zoloft that
> i'm very confused.I already have access to Bromocriptine tablets,and
> would consider taking them in combination with any other tablets.
> I know that some might advice me to see a doctor instead of posting on
> google,but the reasons for me not seeing a doctor are quite
> complicated and for now i am just getting an idea of what tablets
> might be suitable for me.
> Thanks a lot for reading my email and bye.*

no matter how you slice it , you'll still have to see a doctor to get a
perscription for whatever you decide to take , so i won't suggest going to
see a doctor , but you will