

Re: Unusual type of depression,advice needed

Source: <http://sci.tech-archive.net/Archive/sci.med/2004-08/3570.html>

From: dennis (*later_at_notnow.net*)

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On 29 Aug 2004 20:42:12 GMT, Emma Chase VanCott
<7elc@qlink.queensu.ca> wrote:

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>*I have noticed that males seem to be very poor at seeking help for
>depression. My pet theory is that this is a factor in why more of them
>suicide. Shame and stubbornness coupled with misunderstanding of the
>illness.*

I believe that in part it is because the more common symptoms we are told to look for are extreme and prolonged sadness and unexplained crying. (in those little dr office flyers) in men the symptoms run more towards anger and irritability.