

Re: Meditation for healing (esp: hypertension)

Source: <http://sci.tech-archive.net/Archive/sci.med/2004-08/3582.html>

From: Dr. Andrew B. Chung, MD/PhD (andrew_at_heartmdphd.com)

Date: 08/30/04

Date: Sun, 29 Aug 2004 20:42:23 -0400

Jeff wrote:

>

> *"Dr. Andrew B. Chung, MD/PhD" <andrew@heartmdphd.com> wrote in message*

> *news:4132341C.2E08@heartmdphd.com...*

>> *Mozz wrote:*

>>>

>>> *'The use of Meditation for healing is not new. Meditative techniques*

>>> *are the product of diverse cultures and peoples around the world. It*

>>> *has been rooted in the traditions of the world's great religions. In*

>>> *fact, practically all religious groups practice meditation in one form*

>>> *or another.*

>>

>> *Christians call it prayer.*

>

> *Is prayer and mediation the same thing?*

Prayer is meditation *plus* the potential for divine intervention.

> *I believe they are similar, but not*

> *identical.*

I agree with your belief.

> (...)

>

>> *When they pray, Christians also enjoy the added benefit of God's*

>> *blessings for themselves and others on top of the stress reduction that*

>> *occurs with meditation. Such benefits would be expected to help folks*

>> *with complications arising from either diabetes or obesity making this*

>> *discussion on-topic for all NGs receiving this thread.*

>

> *This is a science group. Can you please give proof of this?*

Looking ahead, you do not want God's Word on this which for me is proof. However, I can provide scientific evidence of this and as is the nature of scientific evidence, this will fall short of proof.

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- > *Not your*
- > *beliefs, but proof.*

The Word of God is not my belief but rather is proof.

- > *So the Bible is out,*

Then you do not want proof.

- > *unless you can demonstrate in a*
- > *scientific way that the Bible in this matter is true.*

The Bible in all matters is true:

<http://www.heartmdphd.com/healer.asp>

serves as an illustrative example.

- > *Perhaps peer-reviewed articles that show that is God's intervention, rather*
- > *than just belief or meditation that is doing this.*

Ok, here's one of many:

<http://makeashorterlink.com/?K1EA25A29>

- > *I understand there are articles that show that people who live thier lives*
- > *according to their beliefs live longer (e.g., Christians going to church,*
- > *giving to charity, etc.). This includes athiests who do whatever athiests*
- > *are supposed to do.*

The above cited article should serve well to enlighten you.

- > *Jeff*

You remain in my prayers, dear neighbor whom I love.

Please consider the following to save yourself:

<http://makeashorterlink.com/?I22222129>

Servant to the humblest person in the universe,

Andrew

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Dr. Andrew B. Chung, MD/PhD
Board-Certified Cardiologist
<http://www.heartmdphd.com/>

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sci.med: Re: Meditation for healing (esp: hypertension)

Who is the humblest person in the universe?

<http://makeashorterlink.com/?L26062048>

What is all this about?

<http://makeashorterlink.com/?R20632B48>

Is this spam?

<http://makeashorterlink.com/?N69721867>