

## Re: Meditation for healing (esp: hypertension)

Source: <http://sci.tech-archive.net/Archive/sci.med/2004-08/3601.html>

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**From:** Dr. Andrew B. Chung, MD/PhD ([andrew\\_at\\_heartmdphd.com](mailto:andrew_at_heartmdphd.com))

**Date:** 08/30/04

Date: Mon, 30 Aug 2004 00:42:35 -0400

Jeff wrote:

>

> *"Dr. Andrew B. Chung, MD/PhD" <[andrew@heartmdphd.com](mailto:andrew@heartmdphd.com)> wrote in message*

> *news:413277EF.5E1F@heartmdphd.com...*

> > *Jeff wrote:*

> > >

> > > *"Dr. Andrew B. Chung, MD/PhD" <[andrew@heartmdphd.com](mailto:andrew@heartmdphd.com)> wrote in message*

> > > *news:4132341C.2E08@heartmdphd.com...*

> > > > *Mozz wrote:*

> > > > >

> > > > > *'The use of Meditation for healing is not new. Meditative techniques*

> > > > > *are the product of diverse cultures and peoples around the world. It*

> > > > > *has been rooted in the traditions of the world's great religions. In*

> > > > > *fact, practically all religious groups practice meditation in one*

> *form*

> > > > > *or another.*

> > > >

> > > > *Christians call it prayer.*

> > >

> > > *Is prayer and mediation the same thing?*

> >

> > *Prayer is meditation \*plus\* the potential for divine intervention.*

> >

> > > *I believe they are similar, but not*

> > > *identical.*

> >

> > *I agree with your belief.*

> >

> > > (...)

> > >

> > > > *When they pray, Christians also enjoy the added benefit of God's*

> > > > *blessings for themselves and others on top of the stress reduction*

> *that*

> > > > *occurs with meditation. Such benefits would be expected to help folks*

> > > > *with complications arising from either diabetes or obesity making this*

> > > > *discussion on-topic for all NGs receiving this thread.*

> > >

> > > *This is a science group. Can you please give proof of this?*

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- >>
- >> *Looking ahead, you do not want God's Word on this which for me is*
- >> *proof. However, I can provide scientific evidence of this and as is the*
- >> *nature of scientific evidence, this will fall short of proof.*
- >>
- >>> *Not your*
- >>> *beliefs, but proof.*
- >>
- >> *The Word of God is not my belief but rather is proof.*
- >>
- >>> *So the Bible is out,*
- >>
- >> *Then you do not want proof.*
- >>
- >>> *unless you can demonstrate in a*
- >>> *scientific way that the Bible in this matter is true.*
- >>
- >> *The Bible in all matters is true:*
- >>
- >> <http://www.heartmdphd.com/healer.asp>
- >>
- >> *serves as an illustrative example.*
- >
- > *how can it be true in all matters?*

The Bible is God's Word.... and God is the way, the truth, and the life.

- > *What about the internal conflicts, like*
- > *two different genesis stories?*

What specifically are you referring to?

- > *I think there are around 50 of these.*

Go ahead a pick one that bothers you and we can certainly discuss it.

- > *However, you just showed this is not a science discussion. If the Bible is*
- > *true in all matters, then it is a matter for religion, and not science.*

When you asked for proof about the power of prayer, you asked for information from the realm of religion.

- > *They*
- > *are different area of thought. Read Stephen J. Gould's book Rock of Ages.*
- >
- >>> *Perhaps peer-reviewed articles that show that is God's intervention,*
- > *rather*
- >>> *than just belief or meditation that is doing this.*
- >>
- >> *Ok, here's one of many:*
- >>

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> > <http://makeashorterlink.com/?K1EA25A29>

>

> *One of many?*

Yes.

> *How many?*

Click on the "related articles" link from pubmed for an estimate.

> *How about this one?*

>

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list\\_uids=11761499](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=11761499)

> *maybe the mayo clinic people sinned more? ; -)*

... it is not clear they prayed to God (Father, Son, and Holy Spirit).

> *How about the ones that didn't get published?*

Non-published data is regarded in the same fashion as for other areas of scientific inquiry.

> > > *I understand there are articles that show that people who live thier*

> *lives*

> > > *according to their beliefs live longer (e.g., Christians going to*

> *church,*

> > > *giving to charity, etc.). This includes athiests who do whatever*

> *athiests*

> > > *are supposed to do.*

> >

> > *The above cited article should serve well to enlighten you.*

>

> *One article. Come on.*

The study is well done and does compel folks to objectively reject the null hypothesis.

> > > *Jeff*

> >

> > *You remain in my prayers, dear neighbor whom I love.*

> >

> > *Please consider the following to save yourself:*

> >

> > <http://makeashorterlink.com/?I22222129>

>

> *No thanks.*

Your informed choice.

You remain in my prayers, dear neighbor whom I love.

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Servant to the humblest person in the universe,

Andrew

--

Dr. Andrew B. Chung, MD/PhD  
Board-Certified Cardiologist  
<http://www.heartmdphd.com/>

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Who is the humblest person in the universe?

<http://makeashorterlink.com/?L26062048>

What is all this about?

<http://makeashorterlink.com/?R20632B48>

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<http://makeashorterlink.com/?N69721867>