

sci.med: Re: Can we blindly believe that Ayurvedic drugs pose severe health risk?

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The information about the heavy metal and other toxic contamination and use as ingredients are based on government reports and scientific research articles. This is not "blindly believing", these are examples of what needs to happen, testing to demonstrate that the drugs are both effective and safe.

>Please Remember there are companies who produce genuine medicines and  
>some make non genuine medicines also around the world irrespective of  
>system.

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>It is true that some companies in North India prepare medicines using  
>heavy metals. If heavy metals are not prepared properly as explained  
>in the procedure, it can do harm to the body. This happens when the  
>companies focus on their revenue but not on quality.

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>There are several very old traditional herbal medicine manufactures  
>in the south India specially in Kerala and Tamil Nadu. These companies  
>produce only herabl medicines and have good reputation in the public  
>as well as the goverment. Some examples are The Arya Vaidya Pharmacy  
>Coimbatore Ltd, The Arya Vaidya Sala Kottakkal, Vaidya Rathnam  
>Oushadha Sala etc. The Arya Vaidya Pharmacy Coimbatore si a very big  
>Institution, whcih has already done several reseach projects  
>collaborating with the World Health Organisation, The Indian Council  
>For Indian Medical Research, National Institute for Health Science USA  
>etc.

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>Those who want to know more about such information may contact such  
>companies or even make a visit to India.

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>I have visited India and many Ayurvedic Institutions also to the  
>factories of these companies. I have found this personally. You can  
>also contact Dr. Hari at pallathery@sify.com and may visit  
>www.avpayurveda.com