

Re: Obesity tied to increased risk for dozens of conditions

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From: James Michael Howard (jmhoward_at_anthropogeny.com)

Date: 11/22/04

Date: Mon, 22 Nov 2004 11:19:23 GMT

On Mon, 22 Nov 2004 09:30:47 GMT, usenet@mantra.com (Dr. Jai Maharaj) wrote:

>*Obesity tied to increased risk for dozens of conditions*

>

>*Public release date: 22-Nov-2004*

>

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>

>*Obesity tied to increased risk for dozens of conditions*

>

>*Highly obese women are 12 times more likely to have diabetes or knee replacement surgery, and five times more likely to have high blood pressure than women who are at a normal weight, says a new study.*

>

>*Men in the highest weight categories are eight times more likely to have diabetes, and six times more likely to have a knee replaced or have high blood pressure than are their normal-weight peers, say researchers for the Fred Hutchinson Cancer Research Center in Seattle.*

>

>*The researchers drew their conclusions from information provided by 73,003 adults aged 50 to 76 who lived in western Washington state.*

>

>*The researchers correlated obesity with 41 health conditions, including life-threatening conditions like heart failure; some, like high blood pressure, that increase the risk of more serious diseases; and health complaints that reduce the quality of life, like insomnia or chronic fatigue, says lead author Ruth E. Patterson, Ph.D., R.D.*

>
>*The study appears in the December issue of the American*
>*Journal of Preventive Medicine. "No other study has*
>*provided data on the association of obesity with such a*
>*compendium of health conditions," Patterson says.*
>
>*Carrying extra weight was tied to 37 of the 41 health*
>*conditions studied in women and 29 of 41 conditions in*
>*men.*
>
>*In addition to diabetes, knee replacement and high blood*
>*pressure, highly obese women were also more likely to*
>*have a history of heart failure, gall bladder removal,*
>*pulmonary embolism, chronic fatigue and insomnia.*
>*However, these women also experienced slightly lower*
>*levels of osteoporotic fractures and constipation,*
>*Patterson says.*
>
>*Highly obese men also experienced more heart failure,*
>*fatigue, pulmonary embolism and insomnia, but slightly*
>*lower rates of enlarged prostate.*
>
>*Doctors should consider the diverse ways that increased*
>*weight affects their patients' health when they counsel*
>*or treat them, Patterson says.*
>
>*"Effective and practical public health approaches to*
>*preventing weight gain and treating obesity are urgently*
>*needed," she says.*
>
>
> ###
>
>*Support for this study came from the National Cancer*
>*Institute.*
>
>*By Aaron Levin, Science Writer*
>*Health Behavior News Service*
>
>*FOR MORE INFORMATION:*
>*Health Behavior News Service: (202) 387-2829 or*
>*www.hbns.org*
>*Interviews: Contact Kristen Woodward at (206) 667-5095 or*
>*kwoodwar@fhcrc.org*
>*American Journal of Preventive Medicine: Contact the*
>*editorial office at (858) 457-7292.*
>
>http://www.eurekalert.org/pub_releases/2004-11/cfta-ott111904.php
>
>*Jai Maharaj*
><http://www.mantra.com/jai>
>*Om Shanti*

sci.med: Re: Obesity tied to increased risk for dozens of conditions

- >
- >*Hindu Holocaust Museum*
- ><http://www.mantra.com/holocaust>
- >
- >*Hindu life, principles, spirituality and philosophy*
- ><http://www.hindu.org>
- ><http://www.hindunet.org>
- >
- >*The truth about Islam and Muslims*
- ><http://www.flex.com/~jai/satyamevajayate>
- >
- >*The terrorist mission of Jesus stated in the Christian bible:*
- >
- >*"Think not that I am come to send peace on earth: I came not so send*
- >*peace, but a sword.*
- >*"For I am come to set a man at variance against his father, and the*
- >*daughter against her mother, and the daughter in law against her mother in*
- >*law.*
- >*"And a man's foes shall be they of his own household.*
- >*– Matthew 10:34–36.*
- >
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Obesity and the diseases/disorders attributed to obesity result from low DHEA and imbalances in the testosterone to DHEA ratio. Obesity is not the cause; obesity is one of the symptoms.