

## Re: Mastocytosis or Urticaria Pigmentosa

**Source:** <http://sci.tech-archive.net/Archive/sci.med/2004-12/1505.html>

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I was told that i have mastocytosis in April of '03. I had complained of symptoms for years and was always told by doctors that i was out of shape (fatigue and seeing "stars") and that my "red dots" were caused by a natural flushing from excessive physical activity. In early '02 i noticed these dots everywhere on my upper legs, torso, and arms. I went to the doctor for flu symptoms in late '02 and he sent me to a dermatologist because of the abundance of red dots on my torso. The doctors at Kaiser ran tests (bone marrow, and skin biopsy) and confirmed that I had Mastocytosis. They gave me Doxepin and told me that I was in stage 2? the medication didn't seem to help for either my skin or stomach. It seemed the more I asked about my condition the more put off the doctors were. I was probably over emotional about my assessment, however to date, I still have no idea what state I am in. Can you offer any help?

For as long as I can remember, I have always seen "stars" when over exerting myself. Most recently, I was playing basketball at the gym last weekend (granted I am out of shape) and after about 10 or 15 minutes I began to see "stars" became tingly and numb all over and my peripheral view was completely gone. It all went away in about 5 minutes ( i stopped playing immediately).

Last night I was reading on the web, mastocytosis.com had noted that people with mastocytosis should carry shots of adrenaline on them and wear an i.d. bracelet. Is this really that serious? and if so, why did I not hear this from my doctors?

Please tell me I have an overactive imagination....

Any info you can provide would be much appreciated.

Thanks!