

Re: cloudy vision

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- *From:* healthiest_throat@xxxxxxxxxx
 - *Date:* 10 Nov 2006 05:23:39 -0800
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Chelki wrote:

Hi.

I don't know how to describe it but sometimes I would be standing or sitting and all of a sudden I get a clouded vision. The first time it happened I thought it was a head rush. But this lasted for approx. 2 minutes. I did not feel dizzy my vision was just clouded. I tried rubbing my eyes but this did not work. I never had this happen to me before, besides two times previously. The first time it happened I was cleaning the bathroom with some cleaners and I stood up and suddenly got clouded vision.

If it happened right after you stood up, then it probably was a head rush. Make sure you are getting enough to eat.

Therefore i assumed

it was a headrush or the fumes from the cleaner were contributing to this. But it lasted for a least 2 minutes. i lay down until it cleared up. The second time it happened i was just sitting down. And today I was just sitting in front of the computer and it happened again. What does this mean? What should I do? Is this normal?