

Re: Is it possible for cholesterol to be too low?

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- *From:* Carol <mzlindyone@xxxxxxxxxxxxxx>
 - *Date:* Wed, 14 Mar 2007 14:31:37 GMT
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On Wed, 14 Mar 2007 Emily <Nospam@xxxxxxxxxx> wrote:

I am not a doctor and this is from personal experience and some minor Internet research.

VERY weird ways my glyburide reaction manifested itself. Sever abdominal pain seemed to be a far worse symptom for me than the facial swelling that eventually closed one of my eyes.

Your symptoms are listed as possible side effects of glyburide use. Not to say it wasn't an allergy, but it may not have been.

<...>

(with slightly low platelets), 22,000

When my mother was ill, her platelet count was 40,000, which they called "quite low" but not low enough to warrant infusion. Doctors informed us normal is 240,000 [my research indicates 150-400,000]. At that level + ~1200mg/day of ibuprofen use for arthritis, she was getting hematomas under the skin anywhere she scratched an itch. Beware of any medications that "thin" the blood or claim to be "good for the heart" since they'll be operating almost 100% by reducing the availability of whatever platelets you've got.

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As far as your general health...

Have you ever been tested for celiac disease?

<http://www.ask.com/web?q=celiac+disease&qsrc=0&o=0&l=dir>

These may be helpful for your doctor:

<http://www.aafp.org/afp/980301ap/pruessn.html>

<http://cpmcnet.columbia.edu/dept/gi/celiac.html>

It's also possible to be gluten intolerant without the genetic marker

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for what is usually called "sprue", and without confirmation of wheat allergy, despite what my mother's GP believes. Either may produce no outward symptoms, but decreased nutrient absorption as more and more damage is done to the small intestine will become evident. This disease could cause low cholesterol due to malabsorption of fats, and general malnutrition due to malabsorption of everything. Also your history of high antibiotic intake has probably resulted in disrupted intestinal flora, leaving you open to anything from parasites to increased intestinal permeability (aka "Leaky Gut Syndrome") – another possible cause (or result, ironically enough) of gluten intolerance, and a possible cause of your high WBC. Most GI specialists seem to know about this, while many GPs don't, in my experience.

Blood tests should be done before stopping wheat – once you have succeeded in stopping all gluten intake, the tests will be negative, and this isn't a dietary step you want to go through unwarranted, believe me. If you are found to be gluten intolerant, feel free to email me. I can save you a few hundred hours of research and trial-and-error.

Carol

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