

Blepharoplasty Myths–What An Eyelid Lift Can And Cannot Achieve

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The eyes are the window to the soul and our most important facial feature. Unfortunately the eyelids are the first of our facial features to show the signs of facial aging often as early as the late 20 s or early 30 s. Many people complain that they are told that they look tired when they do not, a condition called tired eyes

Consequently many people seek plastic surgery to reverse the eyelid aging changes with a procedure called a blepharoplasty also known as an eyelid lift or eye tuck. This is one of the most frequently performed plastic surgery procedures performed in the United States and usually the first facial rejuvenation procedure that people seek.

The operation involves removing hooding or excess skin from the upper eyelid (upper blepharoplasty) and removing puffiness or bags from the lower eyelid (lower blepharoplasty).

Unfortunately most people do not really understand what these operations can and cannot correct and many people undergo the surgery only to be disappointed with the results achieved during the typical blepharoplasty as done in the United states today. The purpose of this article is to educate the consumer by exposing commonly held myths about the plastic surgery operation known as the blepharoplasty so that people considering eyelid rejuvenation will seek the appropriate treatment to correct the particular eyelid aging changes which are occurring on their own unique face.

Blepharoplasty Myth 1– Blepharoplasty will remove crow s feet. Crow s feet occur because of the repeated movement and contraction of the eyelid muscles that surround the eye and upper cheek. When we smile, blink etc, the muscle contracts and causes a wrinkle in the skin. After many years these lines become permanent. The blepharoplasty removes fat that causes bags, and can tighten the eyelid skin, but the muscle continues to contract and cause crow s feet. Blepharoplasty does not correct crow s feet. Fortunately Botox? can remove the crow s feet from the cheek very effectively although Botox? needs to be repeated.

Blepharoplasty Myth 2– Blepharoplasty will remove wrinkled aged skin often called crepiness and restore the lower eyelid skin to fresh,

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young looking smooth skin. The Blepharoplasty can tighten the lower eyelid skin, but blepharoplasty alone leaves the eyelid

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