

# Alleries & Heart Failure

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*Source:* <http://sci.tech-archive.net/Archive/sci.med/2008-05/msg00061.html>

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  - *Date:* Tue, 13 May 2008 17:56:07 GMT
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Hi all,

My first query here and I'm not sure where to post, so my apologies if I step on toes/breach netiquette.

I'm wondering if anyone suffers from heart failure (Dilated Cardiomyopathy) and also suffers from allergies, like – say – hay fever? Why I ask: two years ago I was diagnosed with Heart Failure (I'm on a lot of medication for the rest of my life, but it could have been much worse) and – as this summer looks like it could trigger my hay fever – I'm just wondering if there could be complications for my heart problem. That is, can sneezing fits affect my heart function? Can allergic reactions themselves have adverse effects regarding my heart condition?

I've been browsing the Web but had no luck with answers – and I don't see my own GP for another 6 weeks yet. I don't think it would be proper to make an earlier appointment just to pose a question or two.

Can anyone help?

Thank you

JS

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